

MEDIA RELEASE
For immediate release

**FASCINATING SELANGOR WATERFALLS:
SERENITY AND ADVENTURE COMBINED**

"The cold and crystal clear water cleanses the mind and soothes the soul". This phrase best describes nature lovers up for a short escape over the weekend or that perfect spot for a splashing good time. Worry not on the distance; **Selangor** is home to fascinating and adventurous waterfalls that are especially enticing.

1) Sungai Tekala

Sungai Tekala is one of the amazing waterfalls in Selangor that is located around 14km from Semenyih in the district of Hulu Langat. The distance of Sungai Tekala from Kuala Lumpur is roughly 50km. In 1982, the public was finally able to enjoy the beauty of Sungai Tekala in pursuant of the establishment of Recreation Park. It is an ideal get-away for camping and chilling with your family or friends as it only takes 10 minutes from the entrance to reach the waterfall! The entrance fee is as low as RM 2 for adult and RM 1 for children. The place is equipped with decent facilities for both comfort and convenience of its visitors including food stalls, prayer room, washrooms and gazebos. For an overnight trip, you also can rent a chalet at Sungai Tekala or a camping site to set up your tent, for more saving.

2) Kanching waterfall

Kanching Rainforest formerly known as Kanching Recreational Forest sits between Rawang and Kuala Lumpur. On the weekend, this forest is a famous spot for camping, picnic, swimming and jungle trekking because of its strategic location which is really near to the city. The trail for jungle trekking is quite easy for beginners, on which many

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rare species of plants can be found along the trail. This forest is managed by Tourism Selangor, and it is home to seven beautiful waterfalls. To complement your view, you may come across a bunch of monkeys in their natural habitat, eating and chilling from tree to tree. The entrance fee is only RM 1 per person, while another RM 2 will be imposed for the parking fee per car.

3) Lata Medang

There is another adventurous waterfall located in Kampung Pertak, Kuala Kubu Bharu. This waterfall is adjacent to the Kampung Orang Asli; permanent residents of Kampung Pertak. En route to Lata Medang Waterfall is made possible by hiking. The trail is quite easy and is not very challenging to beginners. Before reaching the waterfall, you will be amazed by the beautiful scenery of various plants and trees. The entrance fee is as low as RM 1 per person, on which the collection will be used to maintain the place.

4) Sungai Pisang Waterfall

This waterfall is situated along the Karak Highway. To get to the waterfall you have to start trekking from Jungle Lodge (situated along the old Gombak Road to Genting Highland). The journey to the waterfall will take about an hour of trekking. You will be crossing the river a couple of times, go through a tunnel that sits directly under the Karak highway and hike through the 100 year old forest. You can pass the tunnel by wading through the water or walking on the side ledges. What's more compelling, hikers get to enjoy the sensation of a fish spa as the fishes in the river will bite off your dead skin from the soles of your feet.

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5) Sungai Chiling

Sungai Chiling is one of the most stunning and extraordinary waterfalls in Selangor. To get to the waterfall you need about an hour of walking and trekking. So, you need to have a sense of adventure and will not mind getting wet at all. The waterfall and river are a part of the Mahseer Fish Sanctuary managed by the Selangor Fisheries Department and Selangor Forestry Department. There are 3 levels to the Chiling waterfall. However, only the waterfall on level 1 is allowed access to the public, and the two upper levels are off-limit areas.

The State of Selangor is home to mesmerizing waterfalls and lush greens, which many are located near to the city. However, this beautiful sight can be jeopardized by irresponsible actions of littering and vandalism. We shall all carry out our duty as responsible users to ensure and preserve the cleanliness and serenity of our natural greens so that the next generation will be able to re-live the same experience that we went through.

*For more information, please log on to the official website of Tourism Selangor at **Selangor.Travel**.*

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About Tourism Selangor

Tourism Selangor is a state government tourism arm established to increase the number of local and international tourists to Selangor by enhancing and developing the known as well as the undiscovered beauty of the State. Many initiatives are taken to achieve this such as organizing local and international campaigns, events, overseas tourism trade missions, local roadshows and many more.

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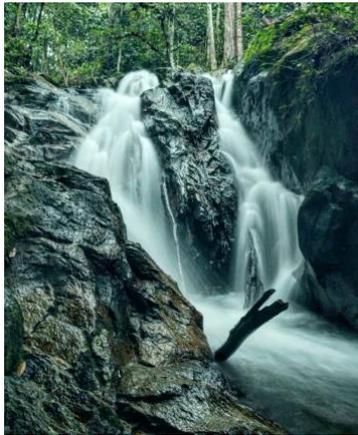
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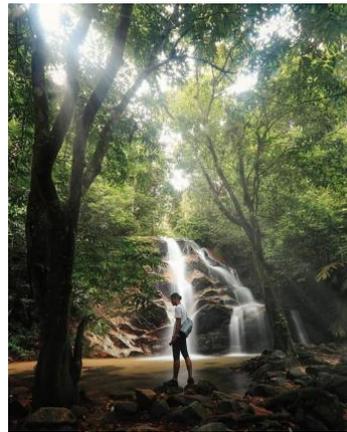
Attachments

Sungai Tekala



Credit : @qymayh

Kanching waterfall



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Lata Medang



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Sungai Pisang



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